

INTERNAL WEIGHT
Bewildered – Part 2
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“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” I John 1:9 (NIV)

Romans 8:1; II Corinthians 5:21; I John 5:13

“The heart is deceitful above all things and beyond cure. Who can understand it?” Jeremiah 17:9 (NIV)

Jesus – “But the things that come out of a person’s mouth come from the heart,...” Matthew 15:18a (NIV)

“Say to the Israelites: ‘Any man or woman who wrongs another in any way and so is unfaithful to the LORD is guilty [v.7] and must confess the sin they have committed. They must make full restitution for the wrong they have done, add a fifth of the value to it and give it all to the person they have wronged.’”
Numbers 5:6,7 (NIV)

“Above all else, guard your heart, for everything you do flows from it.”
Proverbs 4:23 (NIV)

“And so John the Baptist appeared in the wilderness, preaching a baptism of repentance for the forgiveness of sins. [v.5] The whole Judean countryside and all the people of Jerusalem went out to him. Confessing their sins, they were baptized by him in the Jordan River.” Mark 1:4,5 (NIV)

1. Get honest with _____

Luke 19:8

“Then I acknowledged my sin to you and did not cover up my iniquity. I said, ‘I will confess my transgressions to the LORD.’ And you forgave the guilt of my sin.” Psalm 32:5 (NIV)

3. Make _____

2. Clarify the _____

Habit of the heart #1: _____

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