

## WHAT'S EATING YOU UP INSIDE (2)

Bewildered - Part 4

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October 7 & 8, 2017

"Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. [v.32] Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you."

Ephesians 4:31,32 (NIV)

- **Forgiveness is simply** \_\_\_\_\_.

Romans 12:19

### FORGIVENESS QUIZ

1. A person should not be forgiven until he asks for it. **T** or **F**
2. Forgiving includes minimizing the offense & the pain caused. **T** or **F**
3. Forgiveness includes restoring trust and reuniting a relationship. **T** or **F**
4. You haven't really forgiven until you've forgotten the offense. **T** or **F**
5. When someone is forgiven it releases them from the consequences of the offense. **T** or **F**

### WHAT GENUINE FORGIVENESS IS NOT

1. **Genuine forgiveness** \_\_\_\_\_.

"Jesus said, 'Father, forgive them, for they do not know what they are doing.'"  
Luke 23:34 (NIV)

1. **Genuine forgiveness isn't** \_\_\_\_\_  
\_\_\_\_\_.

Romans 6:23; II Thessalonians 1:8,9

2. **Genuine forgiveness isn't** \_\_\_\_\_  
\_\_\_\_\_.

"Whoever can be trusted with very little can also be trusted with much, and whoever is dishonest with very little will also be dishonest with much."

Luke 16:10 (NIV)

Matthew 5:31,32; 19:3-9

3. **Genuine forgiveness isn't** \_\_\_\_\_.

"If it is possible, as far as it depends on you, live at peace with everyone."

Romans 12:18 (NIV)

### FOR RECONCILIATION

- There has to be \_\_\_\_\_.
- There has to be \_\_\_\_\_.
- There has to be \_\_\_\_\_  
\_\_\_\_\_.

4. **Genuine forgiveness isn't** \_\_\_\_\_  
\_\_\_\_\_.

"...For I will forgive their wickedness and will remember their sins no more."

Jeremiah 31:34b (NIV)

Romans 8:28