THE POWER OF THE PAUSE

TIME...What Are You Doing With It? – Part 2
Paul Westbrook
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Exodus 20:8-11

"Remember the Sabbath day by keeping it holy." Exodus 20:8 (NIV) "Six days you shall labor and do all your work,..." Exodus 20:9 (NIV) "...but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male servant or female servant, nor your animals, nor any foreigners residing in your towns." Exodus 20:10 (NIV) "For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy." Exodus 20:11 (NIV) "Then he said to them, 'The Sabbath was made for man, not man for the Sabbath." Mark 2:27 (NIV) Romans 14:5; Colossians 2:16,17

| 2. Use the day |
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| Mark 1:35; 6:46,47; Luke 5:16; 6:12 |
| Jesus - "What good is it for someone to gain the whole world, yet forfeit their soul?" Mark 8:36 (NIV |
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| Psalm 46:10; Mark 6:31 |
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Matthew 11:28

1. Use the day _____

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