

**Facing Distractions
Dependence – Part 2**
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“As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. ³⁹She had a sister called Mary, who sat at the Lord’s feet listening to what he said. ⁴⁰But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!” ⁴¹“Martha, Martha,” the Lord answered, “you are worried and upset about many things, ⁴²but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.”

Luke 10:38-42 (NIV)

1 Corinthians 12; Ephesians 4:12; Proverbs 13:4

**How Do We Defeat Distractions?
We Need To...**

1. _____.

“Martha, Martha,” the Lord answered, “you are worried and upset about many things, ⁴²but only one thing is needed. Mary has chosen what is better, and it will not be taken away from her.” Luke 10:41-42 (NIV)

Question: _____?

2. _____.

“But Martha was distracted by all the preparations that had to be made. She came to him and asked, “Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!” Luke 10:40 (NIV)

“...he is a double-minded man, unstable in all he does.” James 1:8 (NIV)

Question: _____?

3. _____.

“But Martha[overly occupied and too busy] was distracted with much serving...” Luke 10:40a (AMP)

Question: _____?