

**Metro Mission Trip to West Africa**  
**November 25<sup>th</sup> – December 3<sup>rd</sup>, 2017**

Metro Community Church has partnered with the IMB to bring the truth of God's word and the love of Jesus Christ to individuals in West Africa. We will do this primarily via storying the Bible. We will also be building relationships in the village for ongoing trips.

**Requirements**

- Membership:** Metro membership and background checks are required.
- Meeting Attendance:** 2 – 3 team meetings to learn/review customs and practice storying. Dates TBD.
- Age:** The minimum age is 18 years old.
- Health:** Trip candidates must be in good physical/mental health.
- Misc.:** Metro Community Church reserves the right to refuse participation of any person for any reason which affects the operation of the trip or the rights and enjoyment of the other trip members. See below for more details of physical expectations.

**Physical/Health Challenges:**

This mission trip includes travel into the poorest areas of West Africa. Conditions are frequently uncomfortable and physically challenging, including extended periods of walking on rough/unpaved paths, and long travel times requiring use of modern and primitive, private and public transportation services which may lack accommodations for people with physical disabilities. Dietary and climate changes also add to the physical intensity of our trips, and due to the nature of long periods of travel, experiencing lack of sleep is customary. We will be in remote areas and medical care will not be immediately available. Please be considerate of these factors as you evaluate your personal readiness for such conditions.

**Conduct:** Due to respect for the local culture (along with Metro policy), there will be no Alcohol or tobacco consumption/purchase while on this trip. Foul or abusive language is not permitted.

**ID:** Passports are required.

**Immunizations:** **Required:** Yellow Fever  
**Highly Recommended:** Typhoid, Hepatitis A and B, Tetanus with TDap Booster, Malaria Pills